

Governor's Office of Elderly Affairs Update to Developmental Disabilities Council October 2010

Executive Director

Elderly Affairs is working under the leadership of appointing authority Paul Colomb.

Chronic Disease Self-Management Program (CDSMP)

Your Life, Your Health is a 6 session workshop for older adults with chronic conditions and their caregivers who want to **Feel Better, Be in Control and Do the Things You Want to Do**. Workshops participants have a wide spectrum of chronic conditions and diseases. The workshops are meant to complement other wellness programs such as diabetes education.

Your Life, Your Health is most widely known in the United States and other countries as the **Stanford Chronic Disease Self-Management Program (CDSMP)**, an evidence based program developed by Dr. Kate Lorig, Virginia Gonzales and Diana Laurent.

The Governor's Office of Elderly Affairs is the sole licensee of CDSMP in Louisiana.
For more information, please contact Matt Estrade at 225-342-3570.

MIPPA

Louisiana Mippa Outreach Grant to outreach and assist in the enrollment process for the Low Income Subsidy Program (LIS), Medicare Savings Plan (MSP) and/or Medicare Part D. These are the "extra help" programs that assist with the medicare premiums and co-pays for eligible participants. This could be up to an approximate \$100 savings (medicare premium) for social security participants. For information, contact your local Council on Aging or ADRC/SenioRx. For more information, please call Michelle Guillory at 225-219-4260.

Statewide Legal Assistance System Grant

The Governor's Office of Elderly Affairs is collaborating with the Louisianan Civil Justice Center and the other legal service providers in Louisiana to develop a coordinated system of legal services to the 60 and older population. The goal is to increase seniors', with the greatest social and economic need, access to legal services utilizing the helpline and other legal services. For information, please contact Jane Thomas at janeathomas@msn.com.

Grants Update

Lifespan Respite Grant- Awarded to LA Department of Health & Hospital in collaboration with GOEA-ADRCs, this funding will seek to promote respite as an option for caregivers of all ages and all conditions. While the funds do not provide for direct services, the Lifespan Respite Coalition will raise awareness of respite and its benefits, encourage providers to offer and advertise respite, and enhance the Louisiana Answers web portal to include more respite providers and information.