



Healthy & Unhealthy Relationships: Preventing Abuse / Exploitation Training Opportunities

December 21, 2020

Training opportunities are being offered statewide to adult self-advocates and their family members or caregivers to increase their understanding of healthy and unhealthy relationships and the issues that lead to and ways to prevent sexual abuse and exploitation of individuals with intellectual and developmental disabilities.

Individuals with intellectual and developmental disabilities (self-advocates) experience sexual abuse and exploitation at significantly higher rates than in the population at large. Unfortunately, individuals with intellectual and development disabilities are also more vulnerable to repeated abuse and exploitation when incidences go unreported. Many factors contribute to this increased risk including, but not limited to, a lack of understanding of human anatomy, sexual development, and healthy relationships.

Take advantage of this incredible opportunity to receive valuable information to protect yourself or a loved one! Each training session is free to attend, but you must pre-register as slots are limited. These training events are provided through a partnership between the Council and Team Dynamics, LLC.

A list of upcoming trainings and links to registration can be found below. As additional trainings are scheduled, the Council's [web-page](#) will be updated with dates, times, locations and registration details.

For more information or questions about these trainings, please reach out to Sharon Delvisco at sharon@teamdynamicsweb.com or 985-624-3514.

Monday, January 15, 2021 – Online Webinar

9:00 AM – 11:30 AM (Session for parents / family members) [Registration](#)

12:30 PM – 2:30 PM (Session for self-advocates) [Registration](#)

Friday, February 12, 2021 – Online Webinar

9:00 AM – 11:30 AM (Session for parents / family members) [Registration](#)

12:30 PM – 2:30 PM (Session for self-advocates) [Registration](#)

Friday, March 12, 2021 – Online Webinar

9:30 AM – 11:30 AM (Session for parents / family members) [Registration](#)

12:30 PM – 2:30 PM (Session for self-advocates) [Registration](#)

In addition to these in-person training opportunities, self-advocates, their families and professionals are encouraged to check out the free webinars made available by the Association of University Centers on Disabilities. These informative and educational webinars cover topics such as healthy relationships, dating, intimacy, consent, safe sex practices and more. Click the links below for more information about each webinar and additional resources.

- [Advancing Sexual Self-Advocacy for People with Disabilities](#)
- [Sex Talk for Self-Advocates #1](#)
- [Sex Talk for Self-Advocates #2](#)
- [Sex Talk for Self-Advocates #3](#)
- [Sex Talk for Self-Advocates #4](#)
- [Sex Talk for Self-Advocates #5](#)

Contact Us

LaDDC News is the electronic newsletter for the LA Developmental Disabilities Council. If there are any questions about the information above, contact the Council by replying to this email, or calling the toll free number listed below:

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