



Transitions to Adulthood Workshop Series

March 6, 2025

The Louisiana Developmental Disabilities Council is partnering with Team Dynamics to support an important project focused on ensuring individuals with intellectual and developmental disabilities (IDD) have the support and resources needed to transition to adulthood. There will be **six (6)** workshops across the state. There will be two sessions available. When registering, check off the session(s) you wish to attend.

These trainings are free to attend, but registration is required.

March 27, 2025

Lake Charles Area

Central Library, Second Floor - Central DeBakey Community Room
301 West Claude Street, Lake Charles, LA 70605

[Register](#)

Topic: Health and Wellbeing
Time: 10:00 am – 11:30 am

Topic: Enhanced Financial Literacy
Time: 1:00 pm – 2:30 pm

April 24, 2025

Baton Rouge Area

The Arc of Louisiana - Conference Room
606 Colonial Dr., Baton Rouge, La

[Register](#)

Topic: Enhanced Financial Literacy
Time: 10:00 am – 11:30 am

Topic: Health and Wellbeing
Time: 1:00 pm – 2:30 pm

May 29, 2025

Lafayette Area

Hilton Garden Inn – Evangeline A Meeting Room
2350 W. Congress St., Lafayette, La 70506

[Register](#)

Topic: Preparing for Employment
Time: 10:00 am – 11:30 am

Topic: Navigating Waivers
Time: 1:00 pm – 2:30 pm

June 26, 2025

Covington Area

St. Tammany Parish Coroner's Office – Conference Room
65278 LA - 434, Lacombe, La 70445

[Register](#)

Topic: Preparing for Employment
Time: 10:00 am – 11:30 am

Topic: Navigating Waivers
Time: 1:00 pm – 2:30 pm

July 31, 2025
Greater New Orleans

Location TBA

[Register](#)

Topic: Financial Literacy
Time: 10:00 am – 11:30 am

Topic: Navigating Waivers
Time: 1:00 pm – 2:30 pm

August 20, 2025

Ruston Area

Location TBA

[Register](#)

Topic: Civic Engagement
Time: 10:00 am – 11:30 am

Topic: Navigating Waivers
Time: 1:00 pm – 2:30 pm

Email Sharon Delvisco with questions regarding any of the trainings: sharon@teamdyn.com

Contact Us

LaDDC News is the electronic newsletter for the LA Developmental Disabilities Council. If there are any questions about the information above, contact the Council by replying to this email, or calling the toll free number listed below:

phone: 1-800-450-8108

email: info@laddc.org

website: www.laddc.org

facebook: www.facebook.com/LaDDCouncil

twitter: www.twitter.com/LaDDCouncil



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LOUISIANA DEVELOPMENTAL DISABILITIES COUNCIL
The program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services, as part of a financial literacy demonstration project funded by the Administration for Community Living (ACL), U.S. Department of Health and Human Services.

HEALTH & WELLBEING

PRACTICAL TIPS FOR EVERYDAY LIFE

March 27, 2025
10 to 11:30 am

This interactive session is tailored to support individuals with intellectual and developmental disabilities (IDD) in managing their health and wellbeing. Participants will explore essential topics like balanced nutrition, simple exercises, and mental health strategies through hands-on activities and discussions. The session also covers how to access healthcare services and understand basic health insurance concepts. With engaging resources, practical tips, and a list of professional contacts, this workshop empowers participants to take charge of their health and live their best lives.

ENHANCED FINANCIAL LITERACY: MANAGING MONEY MADE SIMPLE

March 27, 2025
1pm to 2:30pm

This interactive session is designed to empower individuals with intellectual and developmental disabilities (IDD) with practical financial skills. Participants will learn the basics of budgeting, saving, and banking through accessible activities and resources. Whether it's creating a simple budget, setting savings goals, or understanding how to use a bank account, this workshop provides the tools needed to build financial confidence and independence. Join us to gain knowledge, participate in hands-on activities, and take-home user-friendly resources to support your financial journey.

ONE DAY - TWO OPTIONS!

Presenters:



Sharon
Delvisco, DSW,
LMSW, CGMP



Elizabeth
Power,
M.Ed.

Register Now:

<https://bit.ly/DDCTAHWB>



Questions?
sharon@teamdyn.com

Lake Charles Region
Central Library, 301 West Claude Street, Lake Charles, LA 70605
Second Floor - Central DeBakey Community Room