

LADDC News

Transitions to Adulthood Workshop – Baton Rouge

April 7, 2025

The Louisiana Developmental Disabilities Council is partnering with Team Dynamics to support an important project focused on ensuring individuals with intellectual and developmental disabilities (IDD) have the support and resources needed to transition to adulthood. The next set of these interactive workshops will be held in **Baton Rouge**. There will be two sessions available. More information can be found in the flyer below. When registering, check off the session(s) you wish to attend.

These trainings are free to attend, but registration is required.

Date: April 24, 2025

Where: The Arc of Louisiana
606 Colonial Drive, Baton Rouge, La
Conference Room

Topic: Enhanced Financial Literacy

Time: 10:00 AM – 11:30 AM

Topic: Health and Wellbeing

Time: 1:00 PM – 2:30 PM

[Click here](#) for more information and to register. For questions, please contact Sharon Delvisco at sharon@teamdyn.com.

Contact Us

LaDDC News is the electronic newsletter for the LA Developmental Disabilities Council. If there are any questions about the information above, contact the Council by replying to this email, or calling the toll free number listed below:

phone: 1-800-450-8108

email: info@laddc.org

website: www.laddc.org

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Transitions to
Adulthood
Workshop Series



LOUISIANA DEVELOPMENTAL DISABILITIES COUNCIL

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ENHANCED FINANCIAL LITERACY: MANAGING MONEY MADE SIMPLE

April 24, 2025
10 to 11:30 am

This interactive session is designed to empower individuals with intellectual and developmental disabilities (IDD) with practical financial skills. Participants will learn the basics of budgeting, saving, and banking through accessible activities and resources. Whether it's creating a simple budget, setting savings goals, or understanding how to use a bank account, this workshop provides the tools needed to build financial confidence and independence. Join us to gain knowledge, participate in hands-on activities, and take-home user-friendly resources to support your financial journey.

HEALTH & WELLBEING: PRACTICAL TIPS FOR EVERYDAY LIFE

April 24, 2025
1 to 2:30 pm

This interactive session is tailored to support individuals with intellectual and developmental disabilities (IDD) in managing their health and wellbeing. Participants will explore essential topics like balanced nutrition, simple exercises, and mental health strategies through hands-on activities and discussions. The session also covers how to access healthcare services and understand basic health insurance concepts. With engaging resources, practical tips, and a list of professional contacts, this workshop empowers participants to take charge of their health and live their best lives.

ONE DAY - TWO OPTIONS!

Presenters:



Sharon
Delvisco, DSW,
LMSW, CGMP



Elizabeth
Power,
M.Ed.

Register Now:

<https://bit.ly/DDCTAHBR>



Baton Rouge Region
The Arc of Louisiana at 606 Colonial Drive in Baton Rouge
Conference Room

Questions?
sharon@teamdyn.com