



Solicitation of Proposals for

Sex Education Program for Students with Disabilities

The Louisiana Developmental Disabilities Council (Council) wants to help middle and high school students with intellectual and developmental disabilities (I/DD) learn about relationships, personal boundaries, puberty, and making safe choices in relationships with others. The Council is looking for groups to create and run a sexual education program that is easy to understand and fits the needs of students with I/DD.

What is This Project About?

This project will teach students with I/DD about:

- Relationships and how to talk to people
- Puberty, body changes, and reproductive health
- Consent (saying yes or no to something)
- Personal boundaries (what is okay and not okay)
- Making safe choices about their bodies

The program should also include ways to teach families and caregivers so they can help students learn at home.

What the Program Should Look Like:

- **Easy to read and understand:** Use simple words and clear instructions.
- **Accessible:** Include pictures or graphics that help explain the information.

Project Timeline:

- The project will start on **October 1, 2025**, and end on **September 30, 2026**.

How Much Money is Available?

- Up to **\$53,000**.
- If federal money does not come through, the Council will not be responsible for promises made in this project
- Indirect costs (like office expenses) cannot be more than **8%** of the total budget.

Cost-Share and In-Kind Contributions:

- The group must also provide a **match contribution** of **25%** of the total project budget.
- This can include things like:
 - Time spent creating training content
 - Staff time or volunteer hours
 - Other resources that help the project

What You Will Need to Do:

The group chosen for this project will need to:

- Develop easy-to-understand training materials
- Provide technical help and support during the program
- Collect feedback and data to see how well the program is working
- Organize training events for students with I/DD and their families

Who Can Apply?

The Council will choose a group based on their ability to:

- Show they believe in full inclusion for people with disabilities, including those who need extra support
- Develop sexual education content that is clear, respectful, and fits the needs of students with I/DD
- Teach middle and high school students with I/DD about sexual health and safety
- Involve families and caregivers in the learning process
- Make sure all materials are easy to understand and follow plain language guidelines
- Keep good financial records and manage the project budget

How to Apply:

Deadline: Applications must be received by **4:00 p.m. on Friday, June 27, 2025.**

How to Apply: Email your application to Stephanie.Carmona@la.gov

What to Send:

- **Cover Sheet and Information Packet:**
 - [Application Cover Sheet](#)
 - [W-9 Tax Form](#) (available online)
 - Paper that says who owns your group or a board resolution ([sample](#))
- **Summary of Qualifications (up to 5 pages):** Explain how you meet the project requirements.
- **Proposal/Work Plan:** Include:
 - Activities and timelines
 - How you will measure success
 - Detailed budget
- **Letters of Support:** At least **two letters** from people who believe you can do this work.

You can find more information on the Council's website, including [guidelines](#) and a [funding manual](#).