

## FAMILIES HELPING FAMILIES SMALL INVESTMENT - BIG OUTCOMES

Families Helping Families (FHF) Centers are a statewide network that helps people with all disabilities and their families understand and access state-funded services.

FHF is family-led, with staff who have “been there” and provide independent, family-directed support.



### WHAT CAN LEGISLATORS DO

Restoring the \$250,000 would keep funding at the current level. All DD Council state funds support Families Helping Families statewide.

### WHY FHF MATTERS

Last year, 50,000 contacts were made to FHF with 70,000 referrals and informational resources shared. Without this support:

- Families feel lost in complex systems
- Services are delayed or go unused
- Parents miss work or lose jobs
- State offices receive repeated questions and requests

FHF helps families get the right services the first time - saving time, stress and public dollars.

### HOW FHF HELPS

When families have support, Louisiana wins. This leads to smarter use of state programs and a better quality of life.

With FHF, individuals and families:

- Find the right disability services and supports
- Understand special education services and work with schools
- Plan for jobs and independence after school
- Get help in rural and underserved areas