



Taking Action Against Abuse Workshop Series



LOUISIANA DEVELOPMENTAL DISABILITIES COUNCIL

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EMPOWERMENT AND PROTECTION: INCREASING AWARENESS AND ACTION AGAINST ABUSE IN THE IDD COMMUNITY FOR EVERYDAY LIFE

July 28, 2026
1:00 to 3 pm
Lake Charles, La



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Taking Action Against Abuse is a hands-on workshop to help you stay safe. In this training, you will learn: What abuse and neglect mean; signs that someone may be hurting you or not treating you right; how to speak up for yourself; who you can tell if something feels wrong; & what steps to take to get help. We will use simple examples, group activities, and practice exercises to help you understand what to do. You will have time to ask questions and talk about real-life situations. This workshop helps you build confidence, learn your rights, and know how to protect yourself and others. Families, caregivers, and community members are welcome too, so everyone can work together to create safer spaces. You have the right to feel safe. When we learn the signs and take action, we can make positive change. Join us and be part of the solution.



<https://bit.ly/https://bit.ly/726DDC>



**Moss Bluff Branch Library
261 Parish Rd, Lake Charles, LA 70611
Community Room**

Questions?
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